



# **Mental Health, Level 1 Training**

**For all Long Term Care Workers & Managers: Everyone**

**This is a Population Specific Training Course**

**Be Proactive: See the reverse side of this flier for additional information...**

**This course will be offered on the following dates, at the following locations:**

**Everett, WA:**

**Tuesday, May 12th, 2020: 5-12-20 Class Canceled**

**and**

**Tuesday, July 21st, 2020**

**Bethany at Silver Crest ALF**

**2131 Lake Heights Dr., Everett, WA 98208**

**Seattle, WA:**

**Tuesday, May 5th, 2020: 5-5-20 Class Canceled**

**and**

**Tuesday, July 14th, 2020**

**Brookdale West Seattle ALF**

**4611 35th Ave. SW, Seattle, WA 98126**

**Tacoma, WA:**

**Tuesday, May 19th, 2020: 5-19-20 Class Canceled**

**Location to be Determined**

**The Tacoma, WA Area**

**Tuesday, August 4th, 2020**

**Merrill Gardens at Tacoma ALF**

**7290 Rosemount Cir., Tacoma, WA 98465**

**Hours: 8:00 AM to 5:30 PM**

**Cost: \$85.00**

**This is a DSHS / ALTSA curriculum and fulfills all requirements for Mental Health Instruction.**

**Jeannine White, RN, MSN, CCNS**

**Washington State D.S.H.S. Approved Community Instructor**

**See our web page for other scheduled classes.**

**To register for classes on-line:**

**[www.assurance-quality.com/training.html](http://www.assurance-quality.com/training.html)**

**You may also register by: e-mail; [QACcons@aol.com](mailto:QACcons@aol.com)**

**FAX; 360 887-4114; or call: 360 887-4118 (voicemail only)**

**Payment arrangements must either be made in advance, or Payment will be due during the Training Session.**

**If payment arrangements are not made, or if payment is not received by the end of class, Certificates may not be issued until payment is received. Upon receipt of payment, Certificates will be mailed to the facility / individual.**

**Make checks or money orders payable to: QUALITY ASSURANCE CONSULTING, LLC**

**Method of payment: cash, checks or money orders. No out of state checks will be accepted.**

**There will be a \$25.00 fee for returned checks.**

**Please See Reverse**

# **Mental Health, Level 1 Training Continued:**

## **Mental Health, Level 1 Training: (\$85.00)**

A Washington State Aging and Long-Term Support Administration (ALSA);  
Department of Social and Health Services (DSHS) course:

Required by any Long Term Care Worker or Manager (i.e.; Everyone) providing care to  
anyone with a diagnosis of any form of Mental illness.

## **Important Information regarding Training Regulations / classes at this time:**

The New Training requirements of Initiative 1163, which were brought to and passed by the voters in Nov., 2011, by  
the primary initiator of I-1029, Service Employees International Union (SEIU), are now in effect, as of 01-07-12.

Go to: [www.dshs.wa.gov/altsa/long-term-care-professionals-providers](http://www.dshs.wa.gov/altsa/long-term-care-professionals-providers)

Scroll down to, and click on, the "Training Requirements & Classes" heading.

This section offers links to information regarding Training Requirements for Long Term Care Workers (LTC Workers) for Adult Family  
Homes (AFH's) and Assisted Living Facilities (ALF's).

It also illustrates how to become approved to teach Orientation and Safety Training in your AFH or ALF; and other useful information.

Links to: LTC Workers application and testing for Home Care Aide Certification - requirement for all, trained after 1-7-12.

Home Care Aide Application Packet (\$85.00 fee): [www.doh.wa.gov/Portals/1/Documents/Pubs/675002.pdf](http://www.doh.wa.gov/Portals/1/Documents/Pubs/675002.pdf)

Examination Application (\$137.00 fee): Included in the above Application

HCA Fee Schedule: [www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewRenewerUpdate/HomeCareAide/Fees](http://www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewRenewerUpdate/HomeCareAide/Fees)

Washington Home Care Aide Regional Test Site Locations:

[www.prometric.com/en-us/clients/WADOH/Documents/UpdatedWARegionalTestSites.pdf](http://www.prometric.com/en-us/clients/WADOH/Documents/UpdatedWARegionalTestSites.pdf)

WA State Dept. of Health Certified Home Care Aide Candidate Information Bulletin:

[www.prometric.com/en-us/clients/WADOH/Documents/WAHCBulletin.pdf](http://www.prometric.com/en-us/clients/WADOH/Documents/WAHCBulletin.pdf)

WA State Dept. of Health Practice Test: [www.prometric.com/en-us/clients.WADOH/Pages/practice-exams.aspx](http://www.prometric.com/en-us/clients.WADOH/Pages/practice-exams.aspx)

LTC Workers application and testing for "Home Care Aide" Certification (a requirement for all, trained after 01-07-12).

I-1163 Training Requirements will NOT effect RN's, LPN's or NA-C's; except...

All LTC Workers (Long Term Care Worker) must take 12 Hours of Continuing Education (C.E.) per year. The C.E. requirement must be  
completed by ones Birthday (not the last day of the calendar year, December 31st, as in the past). This requirement began on 07-01-12.  
Birthday to Birthday is the LTC Worker's "year".

Since 07-01-12, 12 Hours of C.E. must be completed by one's Birthday, or one cannot work until it IS done.

See: "Continuing Education Requirements" at this link:

See: [www.dshs.wa.gov/altsa/training/continuing-education-requirements](http://www.dshs.wa.gov/altsa/training/continuing-education-requirements)

CPR / First Aid may now be used to count for 3 Hours of C.E. A number of restrictions apply.

See: [www.dshs.wa.gov/altsa/training/applying-cprfirst-aid-training-hours-ce](http://www.dshs.wa.gov/altsa/training/applying-cprfirst-aid-training-hours-ce)

Any LTC Worker hired as of 01-07-12 or later, must take 75 Hours of LTCW Training; made up of these four  
components: (1) Core Basic Training, (2) Population Specific Training, (3) Orientation Training and  
(4) Safety Training.

### **Quality Assurance Consulting, LLC, is now offering:**

Orientation and Safety Training: 5 Hours (online classes only) \$20.00 See: [www.assurance-quality.com/training.html](http://www.assurance-quality.com/training.html)

Core Basic Training: 40 Hours

Population Specific Training: 30 Hours (or perhaps more hours)

Dementia, Level 1 Training: 8 Hours;

Mental Health, Level 1 Training: 8 Hours;

Traumatic Brain Injury, Level 1 Training: 8 Hours

Developmental Disabilities Training - Part 1: 8 Hours;

Developmental Disabilities Training - Part 2: 8 Hours;

Care of the Geriatric Resident Training: 6 Hours

Nurse Delegation Core Training: 9 hours (if taken after 11-24-17)

Nurse Delegation; Special Focus on Diabetes Training: 3 Hours (if taken after 11-24-17)

Courses NOT INCLUDED in the 75 Hours of LTC Worker Training; but still probable Training requirements:

CPR Training: No longer offered at this time.

First Aid Training: No longer offered at this time.

HIV/AIDS Training (included in CBT)

Continuing Education: online only; Sometime in 2020 (maybe). ALL C.E. offerings will be approved by DSHS.

See: [www.assurance-quality.com/ceu.html](http://www.assurance-quality.com/ceu.html)

RN's, LPN's, NA-C's and LTC Workers would still need to take Dementia, Level 1 Training; and / or Mental Health, Level 1 Training;  
and / or Developmental Disabilities Specialty Training, if interacting with those client categories.

NA-C's and LTC Workers would still have to take Nurse Delegation Core Training if needing to be Nurse (RN) Delegated  
for certain tasks (including passing medications).

NA-C's and LTC Workers would also still need to take Nurse Delegation; Special Focus on Diabetes Training if needing to be Nurse (RN)  
Delegated to administer Insulin Injections to clients.

Active NA-C (Nursing Assistant-Certified) licenses (for NA-C's); Active NA-R (Nursing Assistant-Registered) licenses (for those eligible to  
have them); or Active HM-C (Home Care Aide-Certified) licenses (for LTC Workers) are required, for Nurse Delegation to be able to occur.