

# Core Rasic Training

<u>Be Proactive: See the reverse side of this flier for important information...</u> This course will be offered on the following dates, at the following locations:

Everett, WA area:

Mon., Tues., Wed., Thurs. & Fri., 8:00 AM to 4:30 PM: October 30th, 31st, November 1st, 2nd & 3rd, 2017

Mon., Tues., Wed., Thurs. & Fri., 8:00 AM to 4:30 PM: December 18th, 19th, 20th, 21st & 22nd, 2017 Garden Court Retirement Community

520 112th St. SW, Everett, WA 98204

Seattle, WA area:

Mon., Tues., Wed., Thurs. & Fri., 8:00 AM to 4:30 PM: November 6th, 7th, 8th, 9th & 10th, 2017 Chateau at Valley Center ALF

4450 Davis Ave. S., Renton, WA 98055

Tacoma, WA area:

Mon., Tues., Wed., Thurs. & Fri., 8:00 AM to 4:30 PM September 11th, 12th, 13th, 14th & 15th, 2017 <u>Narrows Glen; The Laurel House ALF</u> 802 N. Laurel Ln., Tacoma, WA 98406

Mon., Tues., Wed., Thurs. & Fri., 8:00 AM to 4:30 PM November 13th, 14th, 15th, 16th & 17th, 2017

### Weatherly Inn ALF

6016 N. Highlands Pkwy., Tacoma, WA 98406

Participants must attend ALL FIVE sessions of any offering, to complete the Course.

Cost: \$200.00 per person

Recommendations for attending Core Basic Training: Carpool; Lunch on your own; COME TO CLASS WELL RESTED (do not work a night shift and then attend class).

### Jeannine White, RN, MSN, CCNS Washington State D.S.H.S. Approved Community Instructor

See our web page for other scheduled classes. To register for classes on-line:

## www.assurance-quality.com/training.html

You may also register by: e-mail; QACcons@aol.com FAX; 360 887-4114; or call: 360 887-4118 (voicemail)

Payment arrangements must either be made in advance, or Payment will be due during the Training Session. If payment arrangements are not made, or if payment is not received by the end of class, Certificates / Cards may not be issued until payment is received. Upon receipt of payment, Certificates / Cards will be mailed to the facility / individual. Make checks or money orders payable to: QUALITY ASSURANCE CONSULTING, LLC Method of payment: cash, checks or money orders. No out of state checks will be accepted. There will be a \$25.00 fee for returned checks.

#### Please See Reverse

# Core Rasic Training Training

#### Core Basic Training: \$200.00

A Washington State Aging and Long-Term Support Administration (ALTSA); Department of Social and Health Services (DSHS) course:

Required by any Long Term Care (LTC) Worker providing care to clients in a Boarding Home (Assisted Living), Adult Family Home, Group Home or (in certain cases) in a Home Health setting. This course applies to Long Term Care (LTC) Workers in employment (in above mentioned facilities), who have not previously taken Revised Fundamentals of Caregiving Training. Core Basic Training is part of the 75 hours of LTC Worker Training required by Initiative 1163, adopted as of 01-07-12.

Core Basic Training is NOT for RN's, LPN's or Certified Nursing Assistants (NA-C's); or those who have completed those courses of study. These Certified Caregivers are not subject to taking CBT, due to the Training that they have already received.

#### **Important Information regarding Training Regulations / classes at this time:**

The New Training requirements of Initiative 1163, which were brought to and passed by the voters in Nov., 2011, by the primary initiator of I-1029, Service Employees International Union (SEIU), are now in effect, as of 01-07-12. Go to: www.dshs.wa.gov/altsa/long-term-care-professionals-providers

Scroll down to, and click on, the "Training Requirements & Classes" heading.

This section offers links to information regarding Training Requirements for Long Term Care Workers (LTC Workers) for Adult Family Homes (AFH's) and Assisted Living Facilities (ALF's).

It also illustrates how to become approved to teach Orientation and Safety Training in your AFH or ALF; and other useful information.

Links to: LTC Workers application and testing for Home Care Aide Certification - requirement for all, trained after 1-7-12. Home Care Aide Application Packet (\$85.00 fee): www.doh.wa.gov/Portals/1/Documents/Pubs/675002.pdf Examination Application (\$127.00 fee): Included in the above Application

HCA Fee Schedule:

www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewRenewerUpdate/HomeCare Aide/Fees Washington Home Care Aide Regional Test Site Locations:

www.prometric.com/en-us/clients/WADOH/Documents/UpdatedWARegionalTestSites.pdf WA State Dept. of Health Certified Home Care Aide Candidate Information Bulletin:

www.prometric.com/en-us/clients/WADOH/Documents/WAHCBulletin\_EffectiveMay1.pdf

WA State Dept. of Health Practice Test: www.prometric.com/en-us/clients.wadoh/Pages/practice-exams.aspx HCA Examination Request Form (for those who have already submitted a HCA Application prior to 05-01-16, and now

need to take the Prometric Test): www.doh.wa gov/Portals/1/Documents/Pubs/675012.pdf

I-1163 Training Requirements will NOT effect RN's, LPN's or NA-C's; except ... All LTC Workers (Long Term Care Worker) must take 12 Hours of Continuing Education (C.E.) per year. The C.E. requirement must be completed by ones Birthday (not the last day of the calendar year, December 31st, as in the past). This requirement began on 07-01-12. Birthday to Birthday is the LTC Worker's "year".

Since 07-01-12, 12 Hours of C.E. must be completed by one's Birthday, or one cannot work until it IS done. See "Continuing Education Requirements" at this link:

See: www.dshs.wa.gov/altsa/training/continuing-education-requirements

CPR / First Aid may now be used to count for 3 Hours of C.E. A number of restrictions apply. See: www.dshs.wa.gov/altsa/training/applying-cprfirst-aid-training-hours-ce

Any LTC Worker hired as of 01-07-12 or later, must take 75 Hours of Long Term Care Worker Training (made up of Core Basic Training, Population Specific Training, Orientation Training and Safety Training). Quality Assurance Consulting, LLC, is offering these DSHS, or DSHS Approved courses:

Core Basic Training: 40 Hours

Population Specific Training: 30 Hours (or 32 Hours)

Dementia Specialty Training (LTC Worker & Manager): 8 Hours;

Mental Health Specialty Training (LTC Worker & Manager): 8 Hours;

**Developmental Disabilities Training - Part 1: 8 Hours;** 

**Developmental Disabilities Training - Part 2: 8 Hours;** 

Care of the Geriatric Resident Training: 6 Hours

Courses NOT INCLUDED in the 75 Hours of LTC Worker Training; but still probable Training requirements:

Nurse Delegation for Nursing Assistants Training; 9 Hours

Nurse Delegation; Special Focus on Diabetes Training: 3 Hours

**CPR Training: 2 Hours** 

First Aid Training: 2 Hours

HIV/AIDS Training (also included in CBT): 1.5 Hours

Continuing Education: online only; Sometime in 2018 (maybe). ALL C.E. offerings are approved by DSHS. See: www.assurance - guality.com/ceu.html

As of 01-07-12: There is no more "28 Hour Revised Fundamentals of Caregiving" Training. As of 01-07-12: There is no more "Self-Study Modified Fundamentals of Caregiving" Training for NA-C's, LPN's or RN's. LTC Workers would take Core Basic Training; and RN's, LPN's and NA-C's would <u>not</u> take MFOC (as it no longer exists).

RN's, LPN's, NA-C's and LTC Workers would still need to take Dementia Specialty Training; and / or Mental Health Specialty Training; and / or Developmental Disabilities Specialty Training, if interacting with those client categories.

NA-C's and LTC Workers would still have to take Nurse Delegation for Nursing Assistants Training if needing to be Nurse (RN) Delegated for certain tasks (including passing medications).

NA-C's and LTC Workers would also still need to take Nurse Delegation; Special Focus on Diabetes Training if needing to be Nurse (RN) Delegated to administer Insulin Injections to clients.

Active NA-C (Nursing Assistant-Certified) licenses (for NA-C's);

Active NA-R (Nursing Assistant-Registered) licenses (for those eligible to have them); or

Active HM-C (Home Care Aide-Certified) licenses (for LTC Workers) are required, for Nurse Delegation to be able to occur.